

## CHECKS and BOLUSES

	79	78	77 <i>What do you do before a carb snack?</i>	76	75 <i>You forgot to check after tennis</i>	73
65	66	67	68	69	70 <i>What do you do to correct a high?</i>	72
64	63 <i>You had a bolus after breakfast</i>	61 <i>You forgot to check before dinner</i>	59	58	56	71
49	50	51	52 <i>What do you do before a carb meal?</i>	53	54 <i>When do you have glucose tablets or p.j. before checking?</i>	55
48	47 <i>What do you do after eating carbs?</i>	46	45	43	42	41
<i>You checked before going to bed.</i>	34	35	36 <i>What do you do when you wake up?</i>	37	38 <i>What do you do before exercising?</i>	40
32	31	30 <i>What do you do after you exercise?</i>	29 <i>You forgot your bolus after lunch</i>	27	26 <i>You checked before skating</i>	40
17	18 <i>What do you do after a milkshake?</i>	19	20	21	22	24 <i>When should blood glucose be checked?</i>
16	15	14	13 <i>What do you do if you feel low and goofy?</i>	12	11 <i>What do you do at night before bed?</i>	9
1	<i>You checked before your burger</i>	3	4	5 <i>When should a bolus be taken?</i>	6	8
					7	

To play you will need a die and each player will need a token or pawn.